

VA INFO Conference
STRONG ROOTS FOR A HEALTHY FUTURE

July 28-29, 2006

Omni Charlottesville Hotel
235 West Main Street
Charlottesville, Virginia
(434) 971-5500

Conference Agenda

Friday, July 28

11:00-12:00 **Conference Registration**

12:00-12:30 **Lunch**

12:30-12:45 **Welcome**

Frank Tetrick
Assistant Commissioner
Virginia DMHMRSAS

12:45-12:50 **Introduction of Keynote Speaker**

Judy Hudgins
Coordinator
Parent Resource Centers
Virginia Department of Education

12:50-1:50 **Keynote Presentation: Against All Odds**

Dr. Adolph Brown III
The Wellness Group, Inc.
Virginia Beach, Virginia

1:50-2:00 **Conference Overview**

Cynthia Jones, Ph.D.
Executive Director
Medical Home Plus, Inc.

2:00 - 3:00 **Hotel Check In**

3:00 - 5:00 Concurrent Breakout Sessions (will be repeated Saturday afternoon)

1. Family Involvement: Participation in Boards, Councils, and Committees

Moderator: Judy Hudgins
Parent Resource Centers
Virginia Department of Education

Panel Members: Vicki Beatty
Parent Representative
Special Ed Advisory Committee
Richmond Public Schools

Debra Holloway
Director
Family Involvement Project
Arc of Virginia

Trudy Ellis
Parent Representative
State/Local Advisory Team for the Comprehensive Services Act

What you will learn:

- What councils/boards/committees exist
- Why families need to be members
- How to become a member or how to get concerns to a family representative on a council/board/committee
- How to sign up for further information/participation

2. How Advocacy Shapes the Laws that Determine Rights and Responsibilities

Presenters: Mary Dunne-Stewart (Friday)
Policy Director
Voices for Virginia's Children

Kathy May (Saturday)
Director, Northern VA Office
Voices for Virginia's Children

Cynthia Jones, Ph.D
Executive Director
Medical Home Plus, Inc.

What you will learn:

- What families can do to influence the laws and policies that shape the services and supports they need
- Who are the “players?” How can families reach them?
- What are the laws that families with children with special needs should know about?
- What resources are available to help negotiate and navigate the system?

3. Mapping the Journey: Family-Centered Plans

Presenters: Eileen Hammar
Community Supports Specialist
Partnership for People with Disabilities

Dawn Machonis
Partnership for People with Disabilities

What you will learn:

- What are the different types of plans your family needs to know about?
- Family members as planning team members
- Important considerations in developing the plan

4. Parents and Teachers: What a Team! Managing Challenging Behaviors

Presenters: Dana Yarbrough
Director
Parent to Parent of Virginia

Beth Bader, Ph.D.
Director, Faculty and Student Support
Department of Special Education and Disability Policy
Virginia Commonwealth University

What you will learn:

- What behavior communicates
- Doing a Functional Behavioral Assessment
- Developing a Positive Behavioral Support (PBS) Plan
- Family roles in the process

5. Medicaid Basics: Waivers and Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

Presenters: Maureen Hollowell
Parent Advocate
Director of Advocacy and Services
Independence Center, Inc.

Brian Campbell, Coordinator
Early and Periodic Screening, Diagnosis and Treatment
Department of Medical Assistance Services

What you will learn: Participants will learn about the different types of Home and Community Based Waivers and what services are available through them. In addition, participants will learn about all of the benefits available to children who have Medicaid and how to get them.

6. Medical Home: Partnering with Your Child's Doctor

Presenters: Fran Gallagher, M.Ed.
Director of Program Development,
Medical Home Plus, Inc.

Barbara J. Harding, BAN, RN, CCM, PAHM
Nurse Manager
Pediatric Ambulatory Care
Department of Pediatrics
Virginia Commonwealth University Health System

Ted Abernathy, MD
Tracey Williams, RN
Janet Garland, Parent
Pediatric and Adolescent Health Partners

What you will learn:

- What is “Medical Home”?
- What are the benefits to the doctor?
- What are the benefits for a child/family?
- What can families do to make the partnership work?

6:00- 8:00 Reception and Exhibits

Saturday, July 29

8:00 – 9:00 Continental Breakfast

Round Table Discussions

9:00- 12:00 Linking Primary Care and Mental Health

Presenters: Aradhana Bela Sood, M.D., F.A.A.C.A.P.
Professor of Psychiatry and Pediatrics
Chair, Division of Child and Adolescent Psychiatry
Medical Director, Virginia Treatment Center for Children
Virginia Commonwealth University Health Systems

Colleen Kraft, M.D.
Pediatrician, Pediatric and Adolescent Health Partners
Walter E. Bundy Professor and Chair, Division of Community
Pediatrics
Virginia Commonwealth University School of Medicine
Medical Director, Medical Home Plus, Inc
President, Virginia Chapter AAP

Patrice Beard
Parent Advocate
Program Assistant
Medical Home Plus, Inc.

Karen Knight, M.A., MLS
Medical Education Librarian
Claude Moore Health Sciences Library
University of Virginia Health System

What you will learn:

- From a family perspective, challenges for care coordination for a child with emotional and behavioral health challenges
- Increased understanding of the systems of care as a change concept
- Increased knowledge regarding new priorities for quality care for children with mental, emotional, and /or behavioral health challenges
- Understanding of the interactive nature of care when co-managing patients
- Review of successful models of integrated care
- Opportunities to discuss how to increase family involvement in systems of care
- How to search National Library of Medicine databases
- How to locate evidence based special needs info in medline when you get back home

9:00- 10:15 Concurrent Sessions:

1. Intro Level: Finding Evidence-Based Biomedical Information on the Web and a Snapshot Look at the New World of Evidence-Based Education Research

Presenter: Kelly Near, MSN, RNC, MLS
Outreach Librarian
Claude Moore Health Sciences Library
University of Virginia Health System

What you will learn:

A medical librarian will provide information on:

- How to find out which interventions or treatment approaches are recommended on the basis that they use exemplary or “best” practices
- How the medical community defines “evidence-based”
- How to locate evidence-based information on sites such as PubMed
- Emerging sites for locating evidence-based research in education

2. The Importance of Establishing A Special Needs Trust

Presenter: Joanne Marcus, MSW
Executive Director
Commonwealth Community Trust

What you will learn:

- The advantages of establishing a Special Needs Trust
- How to assure that your son or daughter will qualify for and maintain public benefits such as Supplemental Security Income (SSI) and Medicaid while having funds available to meet special needs
- How to establish a Special Needs Trust
- Considerations in deciding who should be named the Trustee
- The role of the Trustee

3. Disaster Preparation

Presenter: Ed Nicely
Director of Mental Retardation Services
Chesterfield Community Services Board

What you will learn:

- What did we learn from Hurricane Katrina?
- How can families prepare a plan to deal with a disaster?

4. How to Talk with Your Doctors and/or Therapist

Presenter: Brian Meyer, Ph.D.

Executive Director
Virginia Treatment Center for Children
VCUMC Department of Psychiatry

What you will learn:

- Part 1: How to talk with someone you are meeting for the first time
- How to talk with them during a crisis
- Talking during ongoing treatment
- Part 2: Questions and answers

5. Family Forum: Open Microphone

Facilitators: Eileen Hammar

Community Supports Specialist
Partnership for People with Disabilities
Virginia Commonwealth University

- **Maureen Mitchell**
- Director
- Family Voices of Virginia

What you will learn and provide input on:

Participants will have an opportunity to listen to families talk about Virginia's service delivery system and share ideas about how to make them better. Participants will learn about ways they can partner with decision makers and help in the decision making process!

10:30- 11:45 Repeat of 9:00- 10:15 Concurrent Sessions

12:00 – 1:00 Lunch

1:00 – 3:00 Repeat of Friday's Concurrent Breakout Sessions